



## BCIL's Summer Youth Programs

BCIL's Summer Youth Programs will start July 6<sup>th</sup>, 2021 through August 20<sup>th</sup>, 2021. All group are free and will be held remotely on Zoom. See workshop descriptions below.

Pre-Employment Groups: 10am-12pm

Mondays- Staying Safe at Work  
Tuesdays- What? Why? Work!  
Wednesdays- Preparing for College  
Thursdays- A.) Preparing for Work and B.) Transición en Acción\*

\*Spanish group

Independent Living Groups: 1pm-3pm

Mondays- Unpacking MA Driver's Manual  
Tuesdays- Cooking  
Wednesdays- Travel Training  
Thursdays- Adulting 101  
Fridays- Self-Care, Resilience, & Well-being

**July 2021**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 BCIL Holiday- no programs	6 10a-12p- What? Why? Work! 1-3pm- Cooking	7 10a-12p- Preparing for College 1-3pm- Travel Training	8 10a-12p- Preparing for Work 10a-12p- Transición en Acción 1-3pm- Adulting 101	9 1-3pm- Self-Care, Resilience, and Well-being	10
11	12 10a-12p- Staying safe at work 1-3pm- Unpacking MA Driver's Manual	13 10a-12p- What? Why? Work! 1-3pm- Cooking	14 10a-12p- Preparing for College 1-3pm- Travel Training	15 10a-12p- Preparing for Work 10a-12p- Transición en Acción 1-3pm- Adulting 101	16 1-3pm- Self-Care, Resilience, and Well-being	17
18	19 10a-12p- Staying safe at work 1-3pm- Unpacking MA Driver's Manual	20 10a-12p- What? Why? Work! 1-3pm- Cooking	21 10a-12p- Preparing for College 1-3pm- Travel Training	22 10a-12p- Preparing for Work 10a-12p- Transición en Acción 1-3pm- Adulting 101	23 1-3pm- Self-Care, Resilience, and Well-being	24
25	26 10a-12p- Staying safe at work 1-3pm- Unpacking MA Driver's Manual	27 10a-12p- What? Why? Work! 1-3pm- Cooking	28 10a-12p- Preparing for College 1-3pm- Travel Training	29 10a-12p- Preparing for Work 10a-12p- Transición en Acción 1-3pm- Adulting 101	30 1-3pm- Self-Care, Resilience, and Well-being	31

# BOSTON CENTER FOR INDEPENDENT LIVING

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See workshop descriptions below.

## Pre-Employment Groups: 10am-12pm

**Mondays-** Staying Safe at Work

**Tuesdays-** What? Why? Work!

**Wednesdays-** Preparing for College

**Thursdays-** A.) Preparing for Work and B.) Transición en Acción\*

\*Spanish group

## Independent Living Groups: 1pm-3pm

**Mondays-** Unpacking MA Driver's Manual

**Tuesdays-** Cooking

**Wednesdays-** Travel Training

**Thursdays-** Adulting 101

**Fridays-** Self-Care, Resilience, & Well-being

# August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	10a-12p- Staying safe at work  1-3pm- Unpacking MA Driver's Manual	10a-12p- What? Why? Work!  1-3pm- Cooking	10a-12p- Preparing for College  1-3pm- Travel Training	10a-12p- Preparing for Work  10a-12p- Transición en Acción  1-3pm- Adulting 101	1-3pm- Self-Care, Resilience, and Well-being	
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	10a-12p- Staying safe at work  1-3pm- Unpacking MA Driver's Manual	10a-12p- What? Why? Work!  1-3pm- Cooking	10a-12p- Preparing for College  1-3pm- Travel Training	10a-12p- Preparing for Work  10a-12p- Transición en Acción  1-3pm- Adulting 101	1-3pm- Self-Care, Resilience, and Well-being	
15	16	17	18	19	20	21
	10a-12p- Staying safe at work  1-3pm- Unpacking MA Driver's Manual	10a-12p- What? Why? Work!  1-3pm- Cooking	10a-12p- Preparing for College  1-3pm- Travel Training	10a-12p- Preparing for Work  10a-12p- Transición en Acción  1-3pm- Adulting 101	1-3pm- Self-Care, Resilience, and Well-being	
22	23	24	25	26	27	28
	1-3pm- Unpacking MA Driver's Manual  1-3pm- Justice League	1-3pm- Justice League	1-3pm- Justice League	1-3pm- Justice League	1-3pm- Justice League	
29	30	31				

## To register or request accommodations, please contact:

BCIL Youth Summer Registration <https://forms.office.com/r/esTyR5rNkQ>

For general questions, please email Mary-Kate Wells [mkwells@bostoncil.org](mailto:mkwells@bostoncil.org)

For Spanish-speaking staff, please email Cecilia Nunez [cnunez@bostoncil.org](mailto:cnunez@bostoncil.org)

## Workshop Descriptions:

All BCIL's Youth Summer Programs are free. Students are welcome to join multiple groups. They are available to students aged 14-22 years\* with a documented disability, such as IEP or 504 plan, and enrolled in high school or post-secondary education or training. No social security number is required to participate.

### Pre-Employment Transition Groups: 10am-11am

#### **Mondays: Staying Safe at Work**

This workshop follows the Staying Safe at Work curriculum for teaching workers with disabilities about health and safety on the job. This workshop will help teach students important job safety and health skills that all workers need. We use highly interactive and fun learning activities to teach workplace safety and health skills.

#### **Tuesdays- What? Why? Work!**

Join us for an introduction to employment series exploring the world of work. Learn about your interests and skills and how to advocate for your goals.

#### **Wednesdays- Preparing for College!**

This workshop will explore post-secondary options, how to prepare in high school, how to request accommodations, supports on campus, managing a social life, and time management.

#### **Thursdays- Transición en Acción**

This group is designed to support Spanish-speaking high school students with disabilities in their transition to work and adulthood. This workshop will explore a range of topics including job skills, post-secondary education and training options, self-advocacy, personal finances, and more! This workshop will be conducted in Spanish by bilingual staff members. If you have any questions or would like to register, please contact Cecilia Nuñez at [cnunez@bostoncil.org](mailto:cnunez@bostoncil.org) or 617-259-6893.

### **Thursdays- Preparing for Work!**

Join us for this workshop focusing on the skills you need to find and keep a job. Topics include communication, problem solving, taking initiative, professionalism, resume building, and interview skills.

### **Independent Living Groups: 1-3pm**

#### **Mondays- Unpacking MA Driver's Manual**

Join us during the summer as we go over what is in the Massachusetts Driver's Manual in a fun and interactive way. We will go over every chapter and focus on the topics that will be on the Permit Exam. Each student that attends will get an electronic version of the MA Driver's Manual.

#### **Tuesdays- Cooking**

In this workshop we will be cooking along together, starting with basic food safety and preparation skills, and building up to simple recipes.

#### **Wednesdays- Travel Training**

In this workshop we will explore community safety, route planning, and reviewing different modes of transportation, including fixed route public transit and paratransit. If possible, we will try to schedule some in-person opportunities to practice these skills.

#### **Thursdays- Adulting 101**

This workshop will explore a range of topics related to independent living and building 'adulting' skills. Topics will include travel training, time management, personal finance, community safety, and more!

#### **Fridays- Self-Care, Resilience, and Well-being**

Join us to chat about relationships, self-care, boundaries, among other topics that relate to our sense of being well.

#### **Justice League- 8/23, 24, 25, 26 and 27<sup>th</sup> from 1-3:30 pm**

Join us for this one-week deep dive into exploring disability history, community organizing, anti-oppression, and how to build the world we believe in. We will explore, connect, create, eat snacks, and have fun! This workshop is free to participate and is open to folks under 25 who identify as having a disability.

\*Parent, guardian, and professional workshops will be offered and announced at a later date.